



**LIFETIME<sup>®</sup>**  
**SEA OTTER CLASSIC**

**2026**  
**ELITE FIELD TECH GUIDE**

# OVERVIEW

The Sea Otter Gravel race returns as the opening round of the 2026 Life Time Grand Prix, utilizing the established course introduced in the 2025 edition.

The course is built around laps of just under 30 miles, with the elite field completing three laps for a total distance of approximately 89 miles. Riders can expect a mix of wide gravel roads, short punchy climbs, and intermittent paved sections that create opportunities for repositioning and recovery.

Get ready—the 2026 season is rolling out in epic fashion!

## WEBSITE:

<https://www.seaotterclassic.com/gravel/>

## CONTACT INFO:

General: [lifetimegrandprix@lifetime.life](mailto:lifetimegrandprix@lifetime.life)

Media: [LTMedia@lt.life](mailto:LTMedia@lt.life)



# SCHEDULE OF EVENTS

TUESDAY, APRIL 14, 2026

- 2:00pm - 5:00pm LTGP Media Day (LIFE TIME GRAND PRIX ATHLETES ONLY)

[Schedule/Sign Up Sheet](#)

Please arrive 5-10 minutes before your scheduled time and allow enough time to walk/ride to Pit Row Suites

- **Locations:**

**Parking:** LTGP athletes can park outside of the Media Center on Tuesday and Wednesday. Please do not park next to Pit Row Suites as those are RV camping spots. When you pick-up your packet you will be given a media parking pass to use Thursday-Sunday. [Pin to Parking](#)

**Packet Pick-Up:** LTGP tent outside Pit-Row Suites. Your race packet, along with other gifts will be at Media Day. **DO NOT go to the Hospitality Building to pick-up your packet, it will not be there.**

**Photo/Video:** Garages under Pit Row Suites. Follow signs from parking and enter on the track side. [Pin to Pit Row Suites](#)

**Interview:** Up the steps of Pit Row Suites. Follow signs. [Pin to Pit Row Suites](#)

## What To Bring

Full Race Kit

Helmet, Glasses, Accessories

Please arrive with a Camera Ready Appearance

Hair and makeup is not provided, address any styling needs prior to arriving

Have 3-5 poses rehearsed for the video segment



# SCHEDULE OF EVENTS CONT.

## WEDNESDAY, APRIL 15, 2026

- 8:00am - 5:00pm LTGP Media Day & Packet Pickup (LIFE TIME GRAND PRIX ATHLETES ONLY)  
• **SEE DETAILS ON PREVIOUS PAGE UNDER TUESDAY**
- 12:00pm - 6:00pm Elite Packet Pick Up (*non-LTGP athletes*) @ [Hospitality Pavillion](#)  
*Please note, all athletes must pick up their own packet within the listed open times in order to receive any additional information or instructions given at the time of pick up. Teammates nor Team managers will be allowed to pick up packets on anyone's behalf. Life Time Grand Prix athletes pick-up their packets at Pit Row Suites during their Media Day slot.*
- 12:00pm - 5:00pm Course Pre-Ride  
Course will be open to all athletes for pre-ride and course inspection.  
PLEASE NOTE - *All athletes wishing to pre-ride the course must have their race number with them in order to gain access to the course.*

## THURSDAY, APRIL 16, 2026

- 8:00am Elite Tracker Pick-Up Opens @ [Sea Otter Classic Bridge](#)
- 9:53am - Call ups Elite Men @ [Sea Otter Classic Bridge](#)
- 10:00am START - Gravel Elite Men Race @ [Sea Otter Classic Bridge](#)
- 10:23am - Call ups Elite Women @ [Sea Otter Classic Bridge](#)
- 10:30am START - Gravel Elite Women Race @ [Sea Otter Classic Bridge](#)
- 5:15pm Awards - Gravel Elite Men / Gravel Elite Women @ [Festival Stage](#)

## FRIDAY, APRIL 17, 2026

- 12:30pm – 1:00pm Life Time Grand Prix Athlete Panel (select athletes)  
Location: [Festival Stage](#)
- 1:15pm – 1:45pm Life Time Grand Prix Athletes Autograph Session (PLEASE ARRIVE BY 1PM)  
Location: [Festival Stage](#)  
[Sign Up Here](#)

**SCHEDULE CONFLICTS: IF AN LTGP ATHLETE HAS A CONFLICT WITH ANY OF THE ABOVE SCHEDULE, THEY SHOULD LET BEKAH SANDS KNOW IN ADVANCE ([lifetimegrandprix@lifetime.life](mailto:lifetimegrandprix@lifetime.life) or 858-761-2080)**

# COURSE

GPX link: <https://ridewithgps.com/routes/54004242>

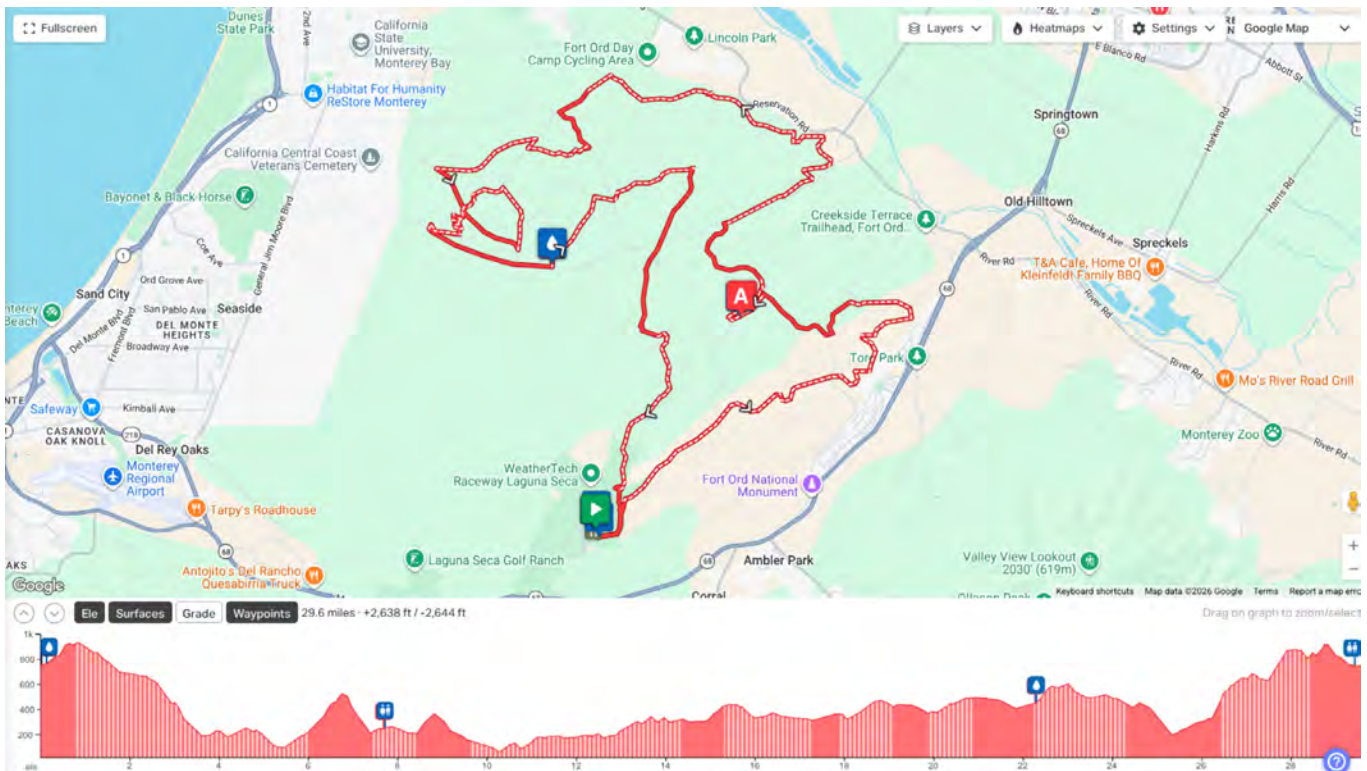
**Course stats:**

**Imperial:** 29.6 Miles per lap, 3 laps total for 88.8 miles / +2,719' / -2,725' (based on Ride With GPS)

**Metric:** 47.7km per lap, 3 laps total for 143.1km / +829m / -831m (based on Ride With GPS)

## Top 3 Climbs / Descents

Approx Start	Distance	Gain / %	Approx Start	Distance	Loss / %
Start	0.6 mi	162' / 3.2%	0.8 mi	4.5 mi	910' / -2.8%
5.3 mi	1.3 mi	409' / 6.0%	8.9 mi	1.4 mi	295' / -4.0%
12.6 mi	0.7 mi	121' / 2.9%	23.9 mi	1.5 mi	325' / -2.4%



# START LINE SET UP

- All Elite riders will need to pick-up their assigned tracker near the entrance to the corrals. Riders will enter corrals at the back of the corral. The only athletes to enter from the front are those with call-ups.
- Elite Corral staging will open at **9:40 am** for Men and **10:10 am** for women. No rollers or trainers are allowed within the start line corrals.
- Riders will line up @ the [Sea Otter Classic Bridge](#)
- Riders will lap thru the start/finish and must complete 3 laps of the course



# FINISH LINE SET UP

- Once riders have completed all 3 laps, and are through the arch, they should safely pull off to the right. Life Time Grand Prix riders and top 10 overall athletes will be directed into the Media Mix Zone for interviews.

# TIME TABLES

## ESTIMATED ARRIVAL TIMES BY LOCATION

<b>2026 SEA OTTER GRAVEL</b>					
<b>PRO / ELITE MEN</b>					
<b>Start Time</b>			<b>10:00</b>		
<b>Mile</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>
	<b>23</b>	<b>22</b>	<b>21</b>	<b>20</b>	<b>19</b>
<b>10</b>	10:26	10:27	10:28	10:30	10:31
<b>20</b>	10:52	10:54	10:57	11:00	11:03
<b>30</b>	11:18	11:21	11:25	11:30	11:34
<b>40</b>	11:44	11:49	11:54	12:00	12:06
<b>50</b>	12:10	12:16	12:22	12:30	12:37
<b>60</b>	12:36	12:43	12:51	13:00	13:09
<b>70</b>	13:02	13:10	13:20	13:30	13:41
<b>80</b>	13:28	13:38	13:48	14:00	14:12
<b>90</b>	<b>13:54</b>	<b>14:05</b>	<b>14:17</b>	<b>14:30</b>	<b>14:44</b>
	<b>3:54</b>	<b>4:05</b>	<b>4:17</b>	<b>4:30</b>	<b>4:44</b>
<b>2026 SEA OTTER GRAVEL</b>					
<b>PRO / ELITE WOMEN</b>					
<b>Start Time</b>			<b>10:30</b>		
<b>Mile</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>	<b>mph</b>
	<b>20</b>	<b>19</b>	<b>18</b>	<b>17</b>	<b>16</b>
<b>10</b>	11:00	11:01	11:03	11:05	11:07
<b>20</b>	11:30	11:33	11:36	11:40	11:45
<b>30</b>	12:00	12:04	12:10	12:15	12:22
<b>40</b>	12:30	12:36	12:43	12:51	13:00
<b>50</b>	13:00	13:07	13:16	13:26	13:37
<b>60</b>	13:30	13:39	13:50	14:01	14:15
<b>70</b>	14:00	14:11	14:23	14:37	14:52
<b>80</b>	14:30	14:42	14:56	15:12	15:30
<b>90</b>	<b>15:00</b>	<b>15:14</b>	<b>15:30</b>	<b>15:47</b>	<b>16:07</b>
	<b>4:30</b>	<b>4:44</b>	<b>5:00</b>	<b>5:17</b>	<b>5:37</b>



## CATEGORIES

**Elite Men will include all elites that have been vetted by Life Time. This field will include:**

- Elite Men
- Life Time Grand Prix Men
- U23 Men
- Wild Card Men

**Elite Women will include all elites that have been vetted by Life Time. This field will include:**

- Elite Women
- Life Time Grand Prix Women
- U23 Women
- Wild Card Women

## BIKES/RULES

- Gravel bikes with drop bars or mountain bikes are allowed on the course. Recumbent bikes are not to be used for the Elite field, and aero bars are not allowed.
- All athletes must finish the event on the same frame that the event was started on.
- Wheels and other equipment may be changed at designated checkpoints but the frame and fork must stay the same.
- **No e-bikes of any sort are allowed.**

# AID STATIONS/NEUTRAL TECH ZONES

## FEED ZONES

- New in 2026, all feed zones will be on rider's right.
- **Feed Zone Locations** only accessible by bike or foot (directions on next page) - **NO VEHICLES ALLOWED:**
- **Outside feed support is ALLOWED at these locations ONLY.** Neutral support includes water and nutrition.
- **Feed Zone 1** - Mile 7.5 / 13.5 km - First Aid, Water, Nutrition, Toilets
- **Feed Zone 2** - Mile 22.3 / 36.1 km - First Aid, Water, Nutrition, Toilets
- **Feed Zone 3** (Start/Finish) will be located on the track just past the start area as riders head outbound (this is the only location where riders may receive outside **mechanical** support).
- **NOTE:** *crewing outside of these 3 locations is **against official race rules and will result in disqualification of your rider. CREW MUST BE STATIONARY IN ORDER TO FEED OR PROVIDE ANY SERVICE TO ANY ATHLETE.** You are not allowed to be on a moving object of any kind to travel alongside the athlete. (No bike, No one wheel, No scooter, No roller-skates etc)*
- Feed Zone support is limited to the handoff of nutrition, hydration, and supplies.
- Supplies may include tools, tubes, inflation devices like co2 or pump, and small mechanical items.
- All mechanical work must be performed by the rider at feedzones 1 and 2.
- Crew members may not perform repairs or assist in bike maintenance.
- Wheel changes are not permitted outside of Feed Zone 3.
- **Neutral Support Provided at each Feed Zone:**
- Gels: Neversecond
- Water
- Electrolyte: FLUID

## DROP BAGS

- Drop bags may be taken to and left at any of the three Feed Zones, we will not transport them for you.
- Drop bags must be no larger than a standard back pack. NO wheel exchanges are allowed outside of Feed Zone 3.
- Large items like wheels may only be left at Feed Zone 3 on the track near Start/Finish.
- Should a rider need mechanical support from their drop bag at Feed Zone 1 or 2, they must complete this action themselves or a fellow competitor.
- **Example:** A rider that takes a tube from their drop bag or supplies handed to them at Feed Zone 1 must install the tube themselves without assistance from a non-competitor.

## TECH ZONES

- **Mechanical support** will be located at **Feed Zone 3 (Start/Finish)**, on the track just past the start area as riders head outbound.
- Outside mechanical assistance is **ALLOWED** in this location **ONLY**.

## FAQs

- Riders can only get external technical assistance at **Feed Zone 3 (Start/Finish)**.
- Riders can change wheels during the race at Feed Zone 3, but must finish the race with the same bike frame they started with.
- External help **outside** Feed Zone 3 will result in a **disqualification**.
- Assistance outside the feed/tech zones between **fellow competitors** is allowed during the race.
- Feed Zones are on rider's right.

# AID STATION DIRECTIONS

## **Feed Zone 1 - Mile 7.5 / 13.5 km - First Aid, Water, Nutrition, Toilets**

**NO VEHICLES ALLOWED** – Feed zone can be accessed by foot/bicycle only. Access to Pilarcitos Canyon Road is available via the Bureau of Land Management Gate located near Terrace View Camping.

- Supplies limited tools, tubes, inflation devices like co2 or pump, and small mechanical items
- [Google directions](#)
- Exit the BLM Gate - Refer to Festival Map C-1 for location – watch for cyclists.
- **NO VEHICLE ACCESS ALLOWED BEYOND THIS POINT.**
- Turn LEFT onto Pilarcitos Canyon Road.
- Continue STRAIGHT on Pilarcitos Canyon Road. This is a long gradual descent on a gravel fire road.
- Turn RIGHT on DAM Road Turn LEFT onto Skyline Road.

The Feed Zone is located at Camp Shelters, approximately 2 miles, on your right, just past the intersection of TR 43 and Skyline Road.

## **Feed Zone 2 - Mile 22.3 / 36.1 km - First Aid, Water, Nutrition, Toilets**

**NO VEHICLES ALLOWED** Feed zone can be accessed by foot/bicycle only - approximately 5 miles.

- Supplies limited tools, tubes, inflation devices like co2 or pump, and small mechanical items
- [Google directions](#)
- From Laguna Seca Recreation Area - leave through the BLM gate at Barloy Canyon Road (where the road race start is).
- Continue 4 miles on Barloy Canyon Rd to Eucalyptus Road.
- Turn LEFT on Eucalyptus Road.
- Continue 1 mile on Eucalyptus to Little Moab Road trail - on your right.

## **Feed Zone 3 - Start/Finish - Mile 29.1 / 46.6 km**

**Located approx 100 yards past the start/finish area**

- Drop bags allowed at this location
- Outside mechanical assistance is **ALLOWED** in this location **ONLY**

# PARKING

Please note that vehicle access is **NOT ALLOWED** at Feed Zone 1, Feed Zone 2 or Feed Zone 3.

# RULES - SEA OTTER CLASSIC

## LIFE TIME GRAVEL SERIES RULES

- The following rules are designed to ensure the safety, fairness, and enjoyment of all participants across all Life Time Gravel events. All riders are expected to understand and adhere to these rules.

### 1. EQUIPMENT

- Bicycles – Gravel, Cyclocross, Mountain and Road bikes are allowed, but bikes must be in safe working condition. All athletes must finish the event on the same frame that the event was started on. Wheels and other equipment may be changed at designated checkpoints but the frame and fork must stay the same.

### 2. COURSE RULES

- Riders must always stay on the designated course unless otherwise directed by event staff.
- Riders must adhere to all state laws pertaining to bicycle safety.
  - Stop at stop signs vs “Idaho rolling stop” etc. – In some instances, states may allow riders to do a rolling stop at stop signs when vehicles are not present and while Life Time will do its best to share that information it is the athletes responsibility to know the state guidelines of the community you are participating in.
  - These are open courses – you must follow all traffic laws in the state in which you are riding.
- Shortcuts or route deviations will result in disqualification. Riders are permitted to exit the course but must reenter at the exact spot they left in order to not receive a disqualification.
- Riders must yield to emergency vehicles and follow instructions from designated course marshals and event Officials
- Drafting behind motor vehicles is strictly prohibited

### 3. RIDER CONDUCT

- Respect fellow participants, event staff, volunteers and members of the local communities that you will pass through. Unsportsmanlike conduct, including abusive language or behavior, is grounds for disqualification.
- Littering on course is strictly prohibited – This includes urinating in public regardless of circumstance. All trash must be carried to the next available receptacle. The event organizers will provide necessary receptacles at any aid stations provided by the event.

### 4. TIMING AND RESULTS

- Do not wrap/bend bike plates. They will not read and results may be impacted. Race plates are also utilized as additional safety measures on course so it is imperative that the event organizers, Police and event Officials can easily identify each participant on course.
- Time penalties or disqualifications will be issued for failure to comply with the rules stated.
- DNFs Must be reported to timing.

### 5. DOPING CONTROL

- Participants currently serving a doping ban are not permitted to participate in any Life Time Athletic Event
- All Elite and Life Time Grand Prix athletes are subject to random doping controls.
- If drug testing is taking place at an event, the selected athletes will be notified by a USADA chaperone.

# RULES - SEA OTTER CLASSIC

## 6. SUPPORT

- Riders must be self-supported unless the event offers specific neutral aid stations.
- Outside assistance is only allowed at designated areas (e.g., aid stations or checkpoints).
- Riders must handle mechanical issues on their own outside of Feed Zone 3.
- Riders must carry the required equipment to handle mechanical issues on their own.
- Riders may receive help from other riders outside of the stated checkpoints but only other riders within the event.

## 7. SAFETY

- All participants must prioritize safety, including riding at a speed appropriate for their skill level and course conditions.
- If a rider encounters another participant in distress, they are encouraged to stop and assist, also reporting the situation to the nearest event official.
- **Headphones**  
No over-ear or in-ear headphones are allowed; only bone-conducting headphones may be used, riders must maintain full awareness of their surroundings, and event officials may require their removal at any time for safety.

## 8. TOGS / AEROBARS

- In the interest of safety, aero bars or clip-on inner bar extensions are no longer allowed at Life Time Gravel or MTB events.
- Traditional bar ends located outside of the grip are still permitted.
- Togs are permitted but must be 2 inches or less in length.

## 9. ENVIRONMENTAL STEWARDSHIP

- Riders must respect all local regulations and private property. Some events may have permission to access private property for the event, in this case all riders are required to stay on the designated course only during the event and may not be allowed to pre-ride certain sections of the course prior to event day.
- Life Time organizers will provide guidance on environmentally sensitive areas, and riders must follow these instructions.

## 10. PROTESTS AND APPEALS

- Any protest regarding results or rule violations must be submitted to the event director 30 minutes prior to the awards ceremony.
- The event director and panel of officials will determine the outcome and that decision is final.

## 11. EVENT CANCELLATION or MODIFICATION

- Life Time reserves the right to cancel, postpone, or modify the course due to weather, safety concerns, or other unforeseen circumstances.
- Refunds and/or deferrals will be handled in accordance with the events policy.

**By participating in any Life Time Gravel series event, riders acknowledge their understanding of these rules and agree to abide by them.**

# SEA OTTER CLASSIC



## AWARDS/PRIZE PURSE

- Awards will be hosted on the Sea Otter [Festival Stage](#) at 5:15 PM on Thursday
- **Podiums will include:**
- **Elite Men / Women - Award 5 Deep**
  - All Elite Men and Women riders including Life Time Grand Prix riders
  - All Elite Men and Women fields will be scored based on gun time and chip finish
- **Overall Grand Prix Series Leaders - 5 Deep**
  - Top 5 Life Time Grand Prix Series leaders after the completion of this event
  - Life Time Grand Prix riders only
  - Gun start and chip finish time will be used for both the men's and women's elite races.
  - Life Time Grand Prix points will be awarded based upon their race finish within the LTGP field.
  - **Note - points will be adjusted after the conclusion of UNBOUND Gravel to include selected Wild Card riders**
- **PRIZE PURSE - PRO MEN / PRO WOMEN - 5 Deep**
  - **Gravel Prize purse for Elite Men and Elite Women**
  - All athletes receiving payouts will be required to fill out proper tax paperwork.
  - Prize money checks will be mailed.
  - Prize money may be held up to 45 days post-event pending Anti-Doping Control results.

Purse	1st	2nd	3rd	4th	5th
Pro Men	\$5,000	\$4,000	\$3,000	\$2,000	\$1,000
Pro Women	\$5,000	\$4,000	\$3,000	\$2,000	\$1,000

# DRAFTING

## LIFE TIME GRAND PRIX DRAFTING POLICY

Gravel racing is built on a culture of respect, inclusivity and fairness. Riders of all ages, abilities, genders and categories are welcomed and encouraged to compete with integrity while paving the way for the future of this sport. This policy is designed to enhance and protect the competitive experience for all Elite athletes without undermining the inclusive atmosphere of gravel racing.

### INTENT

The intent of this policy is to ensure fair competition for all Elite riders by mitigating any advantage gained from drafting off riders in a different category during all Life Time Grand Prix Events.

### INTRODUCTION OF THE RULES

These rules (the “Rules”) apply to all events that make up the events in Life Time Grand Prix. These events can change each year. The 2026 events are:

- Life Time Sea Otter Gravel: April 16, 2026
- Life Time UNBOUND Gravel 200: May 30, 2026
- Life Time Leadville MTB 100: August 15, 2026
- Life Time Chequamegon MTB Festival: September 19, 2026
- Life Time Little Sugar MTB: October 11, 2026
- Life Time Big Sugar Gravel: October 17, 2026

### A. APPLICABILITY, INTERPRETATION OF THE RULE, DEFINED TERMS

- **Applicability.** Where indicated herein, certain Rules are applicable at events listed above, and certain Rules are applicable only to Elite Riders.
- **Non-Compliance.** Failure to comply with any of the Rules will result in a penalty. Penalty is outlined in section E.
- **Interpretation of Rules.** The interpretation of any Rule will be made by the Race Officials and will be final and binding on all Riders.

#### Defined terms:

- **Draft Zone:** The Draft zone is defined by 2 bike lengths (15 feet) behind and 3ft to the left and right of any cyclists.
- **Drafting:** A Rider spending more than 20 seconds in Draft Zone.
- **Marshals:** Any person(s) appointed by Life Time to monitor and/or and issue penalties.
- **Relegated:** Riders determined to have been in violation of this policy will be relegated to last place in the Elite results for that individual event, as well as the Life Time Grand Prix scoring for that individual event.
- **Race Category:** The classification under which a rider is registered and/or starts the event.

#### Examples:

**Elite Men Rider:** Any athlete starting in the Men’s Elite Start will be categorized as an Elite Men’s Rider.

**Elite Women Rider:** Any athlete starting in the Women’s Elite Start will be categorized as an Elite Women Rider.

**Amateur Rider:** Any rider starting in any corrals other than the Elite Men’s and Elite Women’s corrals are categorized as Amateur Rider and are not eligible for overall podiums or prize money. There may be several Race Categories within the Amateur field (Age groups, Single Speed, Male, Female, etc.).

# DRAFTING CONT.

## B. GENERAL NO DRAFTING RULE

- Drafting off riders in a different race category is strictly prohibited. For clarity, Elite Women may not draft off any Elite Men or any Amateur Rider, and Elite Men may not draft off any Elite Women or any Amateur Rider athlete. Amateur Riders may draft off any other Amateur Rider, regardless of that Amateur Rider's category (Age Group, Single Speed, Male, Female, etc.)

### Examples:

Elite Women are only allowed to draft off other Elite Women, but not allowed to draft off an athlete in any other race category (i.e. Elite Men or Amateur Riders).

Elite Men are only allowed to draft off other Elite Men, but not allowed to draft off an athlete in any other race category (i.e. Elite Women or Amateur Riders).

## C. POLICY PROVISIONS

### • Separate Starts

Elite Men and Elite Women riders will have separate starts. Start intervals will be sufficient to minimize interaction between categories.

### Example:

Sea Otter Classic Gravel, Elite Men will start at 10:00am and Elite Women will start at 10:30am, providing a 30 min starting separation.

### • Rider identification

Elite riders in each category will be given clearly identifiable race bibs, plates and/or other identifying equipment to distinguish them by category as it applies to the specific event and distance.

Riders are required to wear the provided equipment in a manner determined by Life Time.

Course marshals and race officials will use these identifiers to monitor compliance on the course.

### • Rider Accountability

It is the responsibility of each Elite rider to avoid drafting off riders in a different race category.

Life Time will provide a copy of this policy to be signed by each rider within the Elite and Life Time Grand Prix fields acknowledging their understanding of the policy and by Initialing they are agreeing to adhere to the policy as stated.

## D. ENFORCEMENT, NOTIFICATION, REVIEW

### • Course Monitoring

Neutral moto race marshals, course marshals and Life Time provided staff and official representatives will patrol the course to monitor drafting violations. This may be, but is not limited to, moto, drone, live camera feed, helicopter and any other verifiable modes of observation. **Rider input as verifiable evidence to determine the validity of a violation will NOT be accepted.**

Riders in violation of the drafting rule will be flagged to the Event Director as soon as logistically reasonable.

Logical concessions will be made by officials for course sections where passing is not possible. For example, single track sections, climbs and areas of congestion.

# DRAFTING CONT.

## D CONT. ENFORCEMENT, NOTIFICATION, REVIEW

- **Notification process**

Riders will be notified of any pending relegation by the Event Director via text and/or email to the athlete's contact information provided at registration. It is the responsibility of the athlete to ensure that Life Time has the correct contact information.

- **Post Race Review/Appeal**

Officials and staff will review footage, reports and marshal observations immediately following the finish of the race to determine penalty assessment prior to results being deemed official, while giving ample time for any rider to field an appeal of the violation.

Athletes will have 30 minutes from the declaration of a violation to submit an official appeal to the Event Director via the Series Manager. Once results have been deemed official by the Event Director, no further appeals will be accepted from any rider.

**Contact for appeals: Bekah Sands: [rsands@lt.life](mailto:rsands@lt.life) - 858-761-2080**

## E. PENALTY

- Riders determined to have been in violation of this policy will be Relegated to last place in the Elite results for that individual event, as well as the Life Time Grand Prix scoring for that individual event.

*Life Time reserves the right to amend this policy at any time, at its sole discretion.*





## RACE PLATES FRONT OR REAR

- If the event is utilizing front “Race Plates” they **MUST** be affixed to the **front of the handlebars** and clearly visible.
- “Race Plates” (front or rear) **MUST NOT** be bent, folded, cut, wrapped around the head tube, seat post or in any other position other than flat against the handlebars or as designed rear facing off the seat post.
- Improper attachment of the race plate will cause timing chips not to register and may be cause for disqualification.
- **Seatpost plates** must be mounted off the back of the seatpost and be clearly visible to surrounding riders and officials.
- **Tyvek body bibs** must be affixed to the  **rider’s right side** in a clearly visible manner. They may not be placed under a water bladder etc. Numbers are utilized for identification for media, safety and by other athletes in order to adhere to drafting policies.



CORRECT



INCORRECT



BACK BIBS

# TRACKERS

As part of our continued commitment to athlete safety, event integrity, and expanding race-day excitement, we have introduced live GPS tracking for all elite athletes this year at Life Time Grand Prix events. We've partnered with Adventure Enabled Tracking to equip each elite athlete with an individual GPS tracker. These trackers are mandatory and must be worn for the entire race.

Key Details:

- **All Elite Athletes must have a tracker to enter the Elite starting corral. No tracker, no Elite starting corral.**
- **Pick- Up Location:** Behind elite corrals, near entrance to corral. Look for an LTGP tent with Elite Tracker flags.
- **Pick-up Time:** Starting at 8:00 am on Race Morning. Please pick-up before you start warming up to ensure tracker is in a secure location, and to minimize lines right before the start.
- **Wearing the Tracker:**
  - Do not put in the bottom of a hydration pack or top tube bag.
  - Do not remove from plastic packaging
  - Jersey pockets are a great location, but be careful not to throw it out with trash.
  - Tracker can be attached to bike. Zip ties and electrical tape will be available onsite.
- **Return:** Trackers must be returned at the finish line.
- If not returned athletes could incur a \$100 fee for replacement

**This technology will not only enhance real-time safety monitoring — it will also power live tracking for the live broadcast.**



# STARTING PROCEDURE

## MEDIA AND SUPPORT CREWS ON THE START LINE

Media and support crew members will not be allowed in the corral with the riders. At most events, Support Crew will be allowed in FRONT of the race start line until after Call Ups. At Sea Otter and Big Sugar, where call-ups are from the front, all media and support crew members will need to move to the sides during call-ups. Please communicate to your support crew and management that they will not be permitted to be in the start chute following the conclusion of Call Ups as this may impede the start of the race.

## LIFE TIME SEA OTTER CLASSIC GRAVEL CALL UPS

The top-5 riders in the Life Time Grand Prix overall standings will be called up along with the top-5 finishers from the 2025 edition of the event when applicable. A limited number of discretionary Call Ups from renowned riders (such as World Championship Medalists and Olympic medalists) will be made at the discretion of Life Time. All remaining LTGP riders will stage in the elite corral in no particular order.

### **MEN (in order of call-up):**

- Brendan Johnston (5th Sea Otter 2025)
- Alexey Vermeulen (3rd Sea Otter 2025)
- Matt Beers (5th in LTGP & 2nd Sea Otter 2025)
- Keegan Swenson (4th LTGP & 1st Sea Otter 2025)
- Torbjorn Andre Roed (3rd LTGP Overall 2025)
- Simon Pellaud (2nd LTGP Overall 2025)
- Cameron Jones (1st LTGP Overall 2025)

### **WOMEN (in order of call-up):**

- Hayley Preen (4th Sea Otter 2025)
- Cecile Lejeune (5th LTGP Overall 2025)
- Alexis Skarda (4th LTGP Overall & 5th at Sea Otter 2025)
- Melisa Rollins (3rd LTGP Overall 2025)
- Cecily Decker (2nd LTGP Overall & 3rd at Sea Otter 2025)
- Sofia Gomez Villafane (1st LTGP Overall & 2nd at Sea Otter 2025)

# LIFE TIME GRAND PRIX SCORING

## BEST 5 OUT OF 6

- Participants must start 5 of the 6 events in order to be eligible for an overall prize
- Example – if you start only 4 events of the series, you are not eligible for Life Time Grand Prix prize money
- Athletes will be removed from the series as soon as they become ineligible for prize money, and will no longer be scored in the Life Time Grand Prix. If an athlete starts 5 but does not finish 5, they will be at a disadvantage for points, but may remain in the series
- Athletes who drop out, or become ineligible, are encouraged to participate in remaining events, but they will race in the Elite/Pro/Open category, not in the Life Time Grand Prix.

## U23 ONLY

- U23 athletes are required to participate in either Sea Otter Classic and/or UNBOUND Gravel 100 Mile to be considered for the U23 program.
- The final athlete roster will be announced after the completion of UNBOUND
- The selected athletes must compete in at least 4 of the 6 Life Time Grand Prix events including either Sea Otter Classic or UNBOUND Gravel.

## MANDATORY EVENT - BIG SUGAR GRAVEL

- The final event in the series, Life Time Big Sugar Gravel, will be mandatory for Life Time Grand Prix athletes and serve as a tiebreaker in the event of a tie on points.
- Big Sugar is not mandatory for U23 Athletes that have been selected for the series but will still remain as the tie breaker.

## TIE BREAKER

- In the event of a tie, Big Sugar will serve as a tiebreaker.
- Example - Jim and Tim are tied after Big Sugar with 110 points, Jim was 8th and Tim was 12th at Big Sugar, therefore Jim will retain a higher ranking in the overall series.

## AWARDS CEREMONY - REQUIRED

- All prize purse eligible athletes must attend the awards ceremony. This includes both event podiums and the overall 2026 Life Time Grand Prix awards ceremony.
- Athletes are required to have a podium photo with the Life Time assigned sponsor jersey provided by the event. An additional photo will also be taken with athletes' standard team issue apparel to satisfy their own sponsor commitments.

## FAN ENGAGEMENTS (MIN. OF 2)

- All Life Time Grand Prix athletes must attend a minimum of 2 fan engagement activations throughout the season. More than 2 are encouraged.
- Fan engagement activations are pre or post-race events such as a spin out ride or autograph session that enable an interaction between fan and athlete. This abides in our collective goal to build and foster fandom around cycling in North America

## DOPING CONTROL

- No participant in the Life Time Grand Prix can be under a current doping ban.
- All Pro and Grand Prix athletes are subject to random doping controls.
- If drug testing is taking place at an event, the selected athletes will be notified by a USADA chaperone at the finish line.

# CONTENT/MEDIA

## PHOTOGRAPHY

The Life Time Grand Prix dedicated photographer in 2026 will again be Dan Hughes. Dan will capture photos Life Time Grand Prix athletes will share a gallery of photos as soon as possible following the race. This is typically the same day or within 24 hours. Athletes should tag @dhughes101 and @lifetimegrandprix. Any additional third party use will need prior approval.

## CONTENT HUB

Athletes will have access to a Life Time Grand Prix content hub, where athletes will find photos and b-roll they can use for content on their own channels. Credit to @lifetimegrandprix is required for use.

## MEDIA COVERAGE

To capture the best coverage of the race for social and post - production there will be media on course. Vehicles at Sea Otter will be limited to side by sides and E-bikes only. The approved operators will be experienced cyclists, will maintain a safe distance behind the riders and will not interfere in any way with the race. We will also continue media support from the air with the Helicopter again for the 2026 series.

## LIVE RACE COVERAGE

The Life Time Sea Otter Gravel race will be streamed LIVE to the [Life Time Grand Prix YouTube Channel](#).

